6: Abbeville--306v [2] (1611) 1614 Tupinamba
116, 271

They drink only water as their everyday beverage.

7: Evreux--111-112 (1611-13) 1864 Tupinamba
116, 264, 271, 515

They eat often, but only a little at any one time. After eating they carefully wash their mouths. [112] If they are thirsty between meals, they drink until half their thirst is quenched and then gargle to soften the heat of their palates. They cook their meat well and never eat it half-cooked, being much more careful than the French in this respect. They rub themselves with the oil of palms, of rocon and of Junipape, which are the things that keep them in good condition. . . .

9: Cardim--421 [2] (1583-1601) 1906 Tupinamba
116, 271

"Ordinarily they drinke not while they eate, but after meate they drinke water or wine which they make of many kindes of fruites, and rootes, as hereafter shall be said, of the which they drinke without measure or order, even till they fall downe."

18: Anonymous--439-440 (1584) 1844 Tupinamba
116, 271

And, in like manner, when they eat they drink neither beer nor water, nor does anyone worry about it, and sometimes [440] when one comes to eat they have no water in the house, and one must go to the spring to drink, and at times during the night [they go to the spring] carrying a firebrand in their hand, especially those who do not have a wife, a mother, or a brother to carry the water for them. And no one troubles himself about this [=e n'isto nenhum trabalho tem], and it makes slight difference as to whether the water is good or bad, for they are content with whatever [they get].